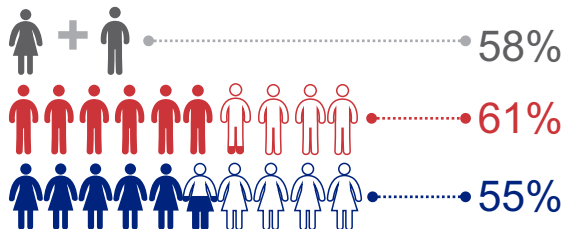




Tāone matua.....	Wellington
Taupori.....	4,743,000
Taupori-ā-Tāone.....	86.6%
Kawatau tauranga.....	81
Kuputohu GINI e pā ana ki te tōrite whiwhinga pūtea.....	0.35
Kuputohu Whanaketanga o te Tangata.....	0.920
Pāpātanga reo matatini.....	99.0%
Ngā tāngata i hemo ai i te mate rere kore.....	89.0%

Rōpū Whiwhinga Pūtea Pēke o te Ao ★★★★★ **Whiwhinga pūtea teitei**

Te Kaha o te Korikori Tinana



18 + years, Guthold, et al. The Lancet Global Health (2018)

Ōrau o ngā tāngata i hemo ai i te Korikori Tinana Kore



I Aotearoa 10.6%

i te ao whānui, % o ngā tāngata i hemo ai i te korikori tinana kore= **9%**

Ko tēnei kāri ā-whenua he wāhanga no te Maramataka Korikori Tinana Tūa2 (rauemi utukore i runga i te paetukutuku GoPA!) Kia kitea ngā tohu me ngā puna rarauanga, haere ki: www.globalphysicalactivityobservatory.com/country-cards

Kaupapa here me te Mana Tūtei

Kaupapa here/mahere korikori tinana ā-motu āe kāo

Taitara

The New Zealand Physical Activity Guidelines, 2017, New Zealand Ministry of Health; Sit Less, Move More, Sleep Well Physical Activity Guidelines for Children and Young People, 2017 Ministry of Health, Ministry of Education, Sport New Zealand; Eating and Activity Guidelines for New Zealand Adults, 2015

Ngā taunakitanga ā-motu āe kāo

Te/Ngā patapatai ā-motu tae atu ki ngā pātai e pā ana ki te korikori tinana āe kāo



Ngā patapatai me ngā tukanga hei aromatawai i te korikori tinana

International Prevalence Study 2003 (IPAQ); National Health Survey 2006/2007 (NA-IPAQ); National Health Survey 2011/2012 (NZ-PAQ); National Health Survey 2014/2015 (NZ-PAQ); New Zealand Health Survey 2018/2019 (NZ-PAQ); ACTIVE NZ: The New Zealand Participation Survey 2018 (other); New Zealand Health Survey 2002/2003 (NZ-PAQ); New Zealand Health Survey 2012/2013 (NZ-PAQ); New Zealand Health Survey 2013/2014 (NZ-PAQ); New Zealand Health Survey 2015/2016 (NZ-PAQ); New Zealand Health Survey 2017/2018 (NZ-PAQ);

Pūnaha aroturuki hauora ā-motu āe kāo

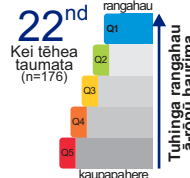
Korikori tinana
Whanonga hōngoi (he nohonoho noa iho)

Te/Ngā ingoa

Rangahau i te Korikori Tinana

0.97%

232



Tāpirihanga ki te rangahau korikori tinana ā-ao i ngā tau 1950-2019

Tapeke o ngā tuhinga nō te whenua i ngā tau 1950-2019

He nohonoho noa iho



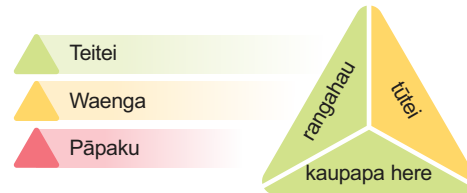
Tapeke wā nohonoho noa iho =

haora/rā

Wā nohonoho noa iho i ia rā e ai ki te Rōpū Haurora ā-Ao

1 Teitei 2 Waenga 3 Pāpaku

Whakatairanga i te Korikori Tinana - Koeko Raukaha



Mōhiohio Whakapā

Ingoa: Erica Hinckson
Umanga: School of Sport & Recreation, Faculty of Health and Environmental Sciences, Auckland University of Technology

Ingoa: Moushumi Chaudhury, Charlotte Jolleyman, Saeideh Aminian, Makgaha Gardiner
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